

NSSAF Provincial Track and Field Championship Meet Records

(updated after the 2010 season)

(page 1 of 2)

EVENT	Junior Girls	Junior Boys	Intermediate Girls	Intermediate Boys	Senior Girls	Senior Boys
100m	Nikkia Jones <i>Gorsebrook</i> 12.64 (2006) ----- Christine Fleury <i>West Kings</i> 12.5 (1995)	Nick Smith <i>Caledonia</i> 11.5 (1995)	Marissa Walter <i>Central Kings</i> 12.33 (2007) ----- Trina Nickerson <i>Barrington Municipal</i> 12.2 (1991) ----- Christine Fleury <i>West Kings</i> 12.2 (1997)	Patrick Benjamin <i>Cole Harbour</i> 10.5 (1998)	Jenna Martin <i>Bridgetown Regional</i> 11.91 (2006) ----- Cecilia Branch <i>St. Patrick's</i> 11.7 (1975) ----- Nicole Gillis <i>Sackville</i> 11.7 (1987)	Kyu-Won Cho <i>Citadel</i> 10.69 (2009) ----- Roger Crawley <i>Graham Greighton</i> 10.5 (1971)
200m	Jenna Martin <i>North Queens</i> 26.66 (2002) ----- Kris Crowell <i>Cornwallis</i> 26.5 (1976)	Cameron Veinot <i>North Queens</i> 24.26 (2005) ----- Derek Dempster <i>A. J. Smeltzer</i> 24.1 (1984)	Leanne Huck <i>Halifax Grammar</i> 25.66 (2001) ----- Cecilia Branch <i>St. Patrick's</i> 25.5 (1973)	Patrick Benjamin <i>Cole Harbour</i> 22.3 (1998)	Jenna Martin <i>Bridgetown Regional</i> 24.89 (2006)	Kyu-Won Cho <i>Citadel</i> 21.96 (2010)
400m	Jenna Martin <i>North Queens</i> 1:00.3 (2001)	Matt Bartley <i>E. B. Chandler</i> 54.58 (2004)	Jenna Martin <i>Bridgewater</i> 57.24 (2003)	Jonathan Campbell <i>Sydney Academy</i> 50.87 (2005)	Jenna Martin <i>Bridgetown Regional</i> 54.13 (2006)	Justin Blades <i>Yarmouth Consol. Mem.</i> 49.01 (2010)
800m	Mary Jean Barrett <i>Sackville Heights</i> 2:19.9 (1977)	Mark Smith <i>Caledonia</i> 2:06.1 (1978)	Louise Palmer <i>Gorsebrook</i> 2:12.6 (1977)	Brett Bauld <i>Halifax West</i> 1:59.0 (1986)	Mary Jean Barrett <i>Sackville</i> 2:13.3 (1980)	Jake Gallagher <i>Charles P. Allen</i> 1:54.47 (2005)
1500m	Louise Palmer <i>Gorsebrook</i> 4:54.0 (1976)	Mike Tate <i>St. Andrew</i> 4:19.71 (2009)	Sadie Petrie <i>Oxford</i> 4:45.49 (2009)	Sebastien Flynn <i>Ellenvale</i> 4:05.98 (2004)	Robyn Meagher <i>Mulgrave Memorial</i> 4:35.7 (1984)	Jake Gallagher <i>Charles P. Allen</i> 3:55.77 (2005) ----- Robert Englehutt <i>Prince Andrew</i> 3:55.7 (1976)
3000m/5000m	Alexa Bagnell <i>Grosvenor - Wentworth</i> 10:39.3 (1982)	Mike Tate <i>St. Andrew</i> 9:22.66 (2009)	Sadie Petrie <i>Oxford</i> 10:20.17 (2009)	Tim Ellis <i>Prince Andrew</i> 8:58.0 (1989)	Laura Englehutt <i>Halifax Grammar</i> 10:16.18 (2006)	John Carson <i>Prince Andrew</i> 14:56.6 (1982)
80m/100m Hurdles	Jaimee Mulrooney <i>Chester Area</i> 13.04 (2009) ----- Stephanie Johnston <i>Cornwallis</i> 12.9 (1985) ----- Kilah Rolle <i>Tantallon</i> 12.9 (1993)	Craig Leger <i>Bible Hill</i> 14.88 (2003)	Emily Phelan <i>Dartmouth</i> 12.70 (2010) ----- Susie Lajoie <i>Middleton Regional</i> 12.5 (2008)	Craig Leger <i>Cobequid</i> 14.21 (2005) ----- Dominic Bricault <i>Carrefour</i> 14.1 (1995)	Rachael McIntosh <i>Park View</i> 12.42 (2009)	Troy Bezanson <i>Sir John A. MacDonald</i> 13.7 (1993)

NSSAF Provincial Track and Field Championship Meet Records

(updated after the 2009 season)

(page 2 of 2)

EVENT	Junior Girls	Junior Boys	Intermediate Girls	Intermediate Boys	Senior Girls	Senior Boys
100m/110m Hurdles	NR	NR	Rachelle Langford <i>Yarmouth</i> 14.7 (1983)	Ray Bourque <i>Halifax West</i> 15.7 (1983)	Cecilia Branch <i>Saint Patrick's</i> 13.7 (1975)	Scott Kirkpatrick <i>Halifax West</i> 14.6 (1982)
Long Jump	Michele Adams <i>Chester Municipal</i> 4.98m (1985)	Chad Samson <i>Bible Hill</i> 5.78m (2007)	Cecilia Branch <i>St. Patrick's</i> 5.32m (1973)	David Paxton <i>South Colchester</i> 6.44m (1997)	Cecilia Branch <i>St. Patrick's</i> 5.45m (1975)	Dave Lucas <i>Annapolis</i> 7.15m (1956)
High Jump	Laura Maessen <i>Bicentennial</i> 1.63m (2004)	Brandon Mallally <i>Bible Hill</i> 1.77m (2004)	Tracey Loke <i>Halifax West</i> 1.72m (1986) Natalie Munroe <i>Queen Elizabeth</i> 1.72m (1986)	Charles MacKay <i>Inverness Consolidated</i> 1.95m (1988)	Linda Ayer <i>Halifax West</i> 1.72m (1983)	Tim Wrigley <i>Middleton Regional</i> 2.06m (1981)
Triple Jump	Rachel Boyle <i>Cornwallis</i> 10.38m (2006)	Ryan Houghton <i>Cornwallis District</i> 11.86m (1999)	Kristen Gibson <i>Lockview</i> 11.02m (2010)	Mike Orodugba <i>King's-Edgehill</i> 13.82m (1986)	Carly Bunyan <i>S.A.E.R.C.</i> 11.31m (1999)	Howie Jackson <i>Bridgetown Regional</i> 14.25m (1964)
Pole Vault	no record	no record	Laura Maessen <i>Bicentennial</i> 2.60m (2005)	Brendan O'Neill <i>Sackville</i> 3.65m (1993)	Aly McPhee <i>Sir John A. MacDonald</i> 3.15m (2006)	Dominic Bricault <i>Carrefour</i> 3.85m (1996)
Javelin	Madison Munro <i>Central Colchester</i> 30.55m [600g] (2010) Katherine Markusson <i>Astral Drive</i> 37.38m [400g] (1999)	Robbie Goodwin <i>Cornwallis</i> 45.12m [600g] (1981)	Kate Forbes <i>Central Colchester</i> 39.00m [600g] (1997)	Lucas Guptill <i>Astral Drive</i> 49.17m [700g] (2008) Jared Baird <i>Cobequid</i> 53.46m [800g] (2005)	Chelsea Whalen <i>Liverpool Regional</i> 44.20m [600g] (2010)	Adam Wolkins <i>Shelburne Regional</i> 61.64m [800g] (2005)
Shot Put	Taylor Stutley <i>A.J. Smeltzer</i> 11.58m [3kg] (2010) Chelsea Whalen <i>South Queens</i> 14.51m [6lbs] (2007)	Bill MacQuarrie <i>St. Andrew</i> 13.90m [4kg] (1977)	Chelsea Whalen <i>Liverpool Regional</i> 12.98m [4kg] (2009)	Robert Kennedy <i>Cobequid</i> 14.43m [5kg] (2010) Chris Meisner <i>Lunenburg</i> 17.56m [4kg] (1999)	Chelsea Whalen <i>Liverpool Regional</i> 13.26m [4kg] (2010)	Andy MacDonald <i>Bridgewater</i> 14.80m [6kg] (2010) Chris Meisner <i>Lunenburg</i> 16.48m [12lb] (2001)
Discus	Taylor Stutley <i>A.J. Smeltzer</i> 31.25m [1kg] (2010)	Bill MacQuarrie <i>St. Andrew</i> 43.68m [1kg] (1977)	Kayla Gallagher <i>Cobequid</i> 34.94m [1kg] (2010)	Peter Millman <i>Cobequid</i> 42.29m [1.5kg] (2010) Geoffrey Myatt <i>Sydney Academy</i> 42.68m [1.616kg] (2007)	Nicole Larade <i>New Germany</i> 37.36m [1kg] (2006)	Geoff Myatt <i>Sydney Academy</i> 45.68m [1.75kg] (2009) Chris Meisner <i>Lunenburg</i> 49.22m [1.616kg] (2000)
4x100m Relay	<i>Cunard</i> 53.07 (2002)	<i>Astral Drive</i> 48.4 (1990)	Cobequid 51.52 (2010)	<i>Sackville</i> 45.5 (1976)	<i>Cobequid</i> 50.32 (2004)	<i>Cole Harbour</i> 43.8 (1991)
4x400m Relay	<i>Cornwallis</i> 4:23.2 (1982)	<i>Cornwallis</i> 3:52.7 (1983)	<i>Halifax Grammar</i> 4:07.64 (2007)	<i>Prince Andrew</i> 3:35.4 (1984)	<i>Park View</i> 4:01.53 (2009)	<i>Prince Andrew</i> 3:29.3 (1980)