

## Halifax Grammar School Track and Field Records

(updated June 5, 2010)

(PCR indicates NSSAF Provincial Championship record)

EVENT	Junior Girls	Junior Boys	Intermediate Girls	Intermediate Boys	Senior Girls	Senior Boys
<b>100m</b>	Nikkia Jones 12.6 (2005)	Chris Wong 12.2 (1998)	Nikkia Jones 12.44 (2008)	J. P. Chater 11.5 (2005)	Leanne Huck 12.25 (2001)	Matt Britner 11.4 (2002)
<b>200m</b>	Laura Jeha 26.86 (2008)	Roy Argand 24.68 (2003)	Leanne Huck 25.66 (2001) PCR	<b>Ashton Slawter</b> <b>23.7 (2010)</b>	Leanne Huck 25.17 (2002)	George Zakher 23.1 (1999)
<b>400m</b>	Adelle Goodfellow 1:01.65 (2009)	Roy Argand 54.46 (2003)	Leanne Huck 59.3 (2001)	<b>Ashton Slawter</b> <b>52.56 (2010)</b>	Amanda McNeil 59.02 (2006)	John Corbit 52.6 (2004)
<b>800m</b>	Laura Fraser 2:28.03 (2005)	Jeff Englehutt 2:10.3 (1999)	Laura Fraser 2:19.94 (2007)	Jeff Englehutt 1:59.54 (2001)	Laura Fraser 2:21.81 (2007)	John Corbit 1:58.26 (2003)
<b>1500m</b>	Laura Englehutt 4:54.17 (2002)	Jeff Englehutt 4:23.29 (1999)	Laura Englehutt 4:53.3 (2005)	Jack MacGillivray 4:07.38 (2005)	Laura Englehutt 4:43.92 (2006)	Jeff Englehutt 3:58.74 (2001)
<b>3000m/5000m</b>	Laura Englehutt 10:56.3 (2002)	David Englehutt 9:48.25 (2001)	Laura Englehutt 10:37.00 (2004)	Jack MacGillivray 8:54.84 (2005)	Laura Englehutt 10:16.18 (2006) PCR	Ross Jacobs 15:25.42 (2004)
<b>80m/100m Hurdles</b>	Nicole d'Entremont 14.58 (2002)	Donal Corkum 15.9 (1999)	Ada Poranek 13.4 (1996)	<b>Ashton Slawter</b> <b>15.47 (2010)</b>	Lindsay Fenton 14.3 (2000)	no record
<b>Long Jump</b>	Nandy Okraku 4.07m (1999)	Stan Sokolenko 5.47m (2002)	Rachel Boyle 5.35m (2008)	Stan Sokolenko 6.06m (2004)	Amanda McNeil 4.48m (2006)	D'Mitri Butterfield 6.27m (2003)
<b>High Jump</b>	Claire Lawson 1.43m (2001)	Donal Corkum 1.75m (1999)	Justine Colley 1.56m (2006)	Casey Fox 1.91m (2005)	no record	Dean Jones 1.72m (2001)
<b>Triple Jump</b>	Julie Clark 8.72m (1998)	Stan Sokolenko 11.02m (2002)	Rachel Boyle 10.94m (2008)	Stan Sokolenko 12.34 (2004)	<b>Tessa Stammberger</b> <b>9.96m (2010)</b>	Stan Sokolenko 12.78m (2005)
<b>Pole Vault</b>	no record	no record	no record	no record	no record	no record
<b>Javelin</b>	no record [600g] ----- Rachel MacLean 25.52m [400g] (2006)	Roy Argand 42.67m [600g] (2003)	Chelsea Whalen 36.80m [600g] (2008)	<b>Ravee Chen</b> <b>30.50m [700g] (2010)</b> ----- Adam Maxner 38.87m [800g] (2003)	Elizabeth Jamieson 33.88m [600g] (1997)	Jamie Lo 40.47m [800g] (2002)
<b>Shot Put</b>	no record [3kg] ----- Katie Radchuck 9.85m [6lb] (2000)	Alex Fraser 11.25m [4kg] (2009)	Chelsea Whalen 12.68m [4kg] (2008)	<b>Ravee Chen</b> <b>11.64m [5kg] (2010)</b> ----- Thomas Lindley 12.49m [4kg] (2000)	Becky Hazen 9.10m [4kg] (2007)	<b>Pelham Flowerdew</b> <b>7.77m [6kg] (2010)</b> ----- D'Mitri Butterfield 13.06m [12lb] (2003)
<b>Discus</b>	Innessa Colaiacovo 17.48m [1kg] (2004)	Ravee Chen 27.80m [1kg] (2009)	Chelsea Whalen 33.23m [1kg] (2008)	<b>Alex Fraser</b> <b>23.22m [1.5kg] (2010)</b> ----- Alex Keddy 26.74m [1.616kg] (2003)	Becky Hazen 24.96m [1kg] (2007)	no record [1.75kg] ----- D'Mitri Butterfield 29.20m [1.616kg] (2003)
<b>4x100m Relay</b>	Celeste Black Toula Creighton Nikkia Jones Sarah Slaunwhite 53.33 (2005)	Peter Campbell Donal Corkum Robert Thompson Chris Wong 50.9 (1998)	Rachel Boyle Rachel Hart Nikkia Jones Rachel MacLean 52.29 (2008)	Andrew Baker Justin Hack Joel Read Will Sheridan 47.12 (2002)	Lynne Clarke Andrea Conroy Leanne Huck Rachel Potter 52.4 (2002)	Chris Barrie Jamie Lo Patrick Munro Robert Thompson 46.22 (2002)
<b>4x400m Relay</b>	Sydney Adamson Meg Campbell Gillian Fong-McMaster Adelle Goodfellow 4:34.17 (2009)	Ravee Chen Liam Elbourne Alex Fraser Rory McParland 4:08.48 (2009)	Celeste Black Justine Colley Toula Creighton Laura Fraser 4:07.64 (2007) PCR	Andrew Baker David Englehutt Justin Hack Will Sheridan 3:44.18 (2002)	Celeste Black Justine Colley Sydney Taylor Olivia Vihant 4:17.50 (2008)	John Corbit Ross Jacobs Joel Read Stefano Sani 3:35.80 (2004)